

AUTUMN/ WINTER 2026

FRESH!

NUTRITIOUS

MAPPLEWELL PRIMARY SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable - helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ✓ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ✓ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ✓ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ✓ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ✓ A wide variety of colourful vegetables are offered each week including seasonal choices where possible

Standards You Can Trust

- ✓ All Menus are developed in line with the School Food Standards
- ✓ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ✓ Meat dishes meet Government Buying Standards (GBS) requirements
- ✓ Oily Fish is included in accordance with the School Food Standards

Something for Everyone

- ✓ Vegetarian options are available every day with plant-based dishes featured across the menu cycle
- ✓ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ✓ Wholegrain carbohydrate options are regular included, such as, wholemeal bread, wholegrain rice and wholewheat pasta
- ✓ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

**AUTUMN/
WINTER
2026**

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NUTRITIOUS

Chartwells
Schools

TASTY

HOT DISHES

DELI



VEG

MESSY

DESSERT

FRUITY!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Potato Wedges / Pasta  	Sausage Burger with Corn on the Cob 	Roast Chicken, Yorkshire Pudding Stuffing, New Potatoes and Gravy	Mince and Onion Pie with Mashed Potato 	Fish Fingers with Chips
OPTION 2	Messy Spaghetti  	Veggie Burger with Corn on the Cob 	Roast Quorn, Stuffing, New Potatoes and Gravy  	BBQ Veggie Wrap with Wholgrain Rice   	Quorn Dippers with Chips 
OPTION 3	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection
OPTION 4	Cheese and Tomato Panini Melt	Cheese and Tuna Panini Melt	Cheese Panini Melt	Cheese and Tomato Panini Melt	Baked Bean and Cheese Panini Melt 
ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD					
VEG	Sweetcorn Salad Bar 	Corn on the Cob Big Bowl Salad 	Broccoli Carrots 	Carrots Sweetcorn 	Garden Peas Baked Beans 
DESSERT	Ice Cream	Ginger Biscuit with Fruit 	Jam Slice with Custard 	Flapjack 	Fruit 

**AVAILABLE
DAILY**



FRESH FRUIT, FRESHLY BAKED BREAD, YOGHURT AND WATER



BAKED POTATOES
with a Choice of Toppings



PANINIS
A variety of hot paninis

 Vegetarian  Wholegrain  Nutritionist's Choice  Oily Fish (Salmon)  Fruity  Vegan

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

2/11/2026, 23/11/2026, 14/12/2026,
18/01/2027, 08/02/2027, 08/03/2027

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NUTRITIOUS

Chartwells
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HOT DISHES

TASTY

DELI



FRUITY!



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBO Cheese Pizza with Potato Wedges / Pasta  	Beef Burger in a Bun with Corn on the Cob	Roast Pork, Yorkshire Pudding, New Potatoes & Gravy 	Butter Chicken Curry with Rice & Naan Bread 	Fish Fingers with Chips
OPTION 2	Macaroni Cheese 	Veggie Salsa Burger with Corn on the Cob  	Roast Quorn, Yorkshire Pudding, New Potatoes & Gravy 	Bean Pasta Bake   	Quorn Dippers with Chips 
OPTION 3	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection
OPTION 4	Cheese and Tomato Panini Melt	Cheese and Tuna Panini Melt	Cheese Panini Melt	Cheese and Tomato Panini Melt	Baked Bean and Cheese Panini Melt
ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD					
VEG	Sweetcorn Salad Bar 	Salad Bar Coleslaw 	Broccoli Carrots 	Sweetcorn Green Beans 	Garden Peas Baked Beans 
DESSERT	Ice Cream	Chocolate Cookie with Fruit  	Raspberry Yoghurt Cake with Custard	Vanilla Crunch 	Fruit 

AVAILABLE DAILY



FRESH FRUIT, FRESHLY BAKED BREAD, YOGHURT AND WATER



BAKED POTATOES with a Choice of Toppings



PANINIS A variety of hot paninis

 Vegetarian  Wholegrain  Nutritionist's Choice  Oily Fish (Salmon)  Fruity  Vegan

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09/11/2026, 30/11/2026, 04/01/2027,
25/01/2027, 22/02/2027, 15/03/2027

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WEEK 2
WEEK 3

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TASTY

HOT DISHES

DELI



PARMO

DESSERT

**OPTION
1**

Cheese and Tomato
Pizza with Potato
Wedges / Pasta

**OPTION
2**

Creamy Pasta



**OPTION
3**

Jacket Potato
Selection

**OPTION
4**

Cheese and Tomato
Panini Melt

TUESDAY

THEME DAY
Chicken Parmo with
Tomato Spaghetti

Chinese Vegetable
Rice



WEDNESDAY

Roast Gammon,
Yorkshire Pudding,
New Potatoes & Gravy

Roast Quorn, Yorkshire
Pudding, New
Potatoes & Gravy



THURSDAY

Sausage Roll with
Baked Beans & Potato
Wedges



BBO Fillet with
Wholegrain Rice



FRIDAY

Fish Fingers with
Chips

Quorn Dippers with
Chips



Jacket Potato
Selection



Baked Bean and
Cheese Panini Melt

ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG

Garden Peas
Salad Bar



Sweetcorn
Big Bowl Salad



Broccoli
Carrots



Salad Bar
Sweetcorn



Garden Peas
Baked Beans



Ice Cream

Custard Cookie with
Fruit



Syrup Sponge with
Custard

Chocolate Crunch

Fruit



**AVAILABLE
DAILY**



**FRESH FRUIT, FRESHLY BAKED
BREAD, YOGHURT AND WATER**



BAKED POTATOES
with a Choice of Toppings



PANINIS
A variety of hot paninis

Vegetarian Wholegrain Nutritionist's Choice Oily Fish (Salmon) Fruity Vegan

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

**WEEK 1
WEEK 2
WEEK 3**

16/11/2026, 07/12/2026, 11/01/2027,
01/02/2027, 01/03/2027, 22/03/2027

FRUITY!

