Lactose/Dairy Free Spring Menu (week 1)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato GF pasta only (V)	Chicken curry with rice and a naan	Pork dinner with mash and Yorkshire puddings (made with water)	All day breakfast	Fish cake or Salmon fingers and chips
Chilli and dairy free cheese loaded potatoes (V)	Vegetable curry with rice and a naan (V)	Cheese (dairy free cheese) and onion roll, mash and beans (V)	Veggie breakfast (V)	Vegetable fingers and chips (V)
Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)
Served with a choice of seasonal vegetables or a salad	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with beans and mushrooms	Served with peas and sweetcorn or beans
Cookie (dairy free)	Angel sparkle cake	Jelly and fruit	Cookie (dairy free)	Fruity Friday

Weeks Commencing:

15th Apr / 06th May / 17th Jun 08th Jul / 02nd Sep / 23rd Sep 14th Oct Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit.
Bread basket. V indicates vegetarian option.











Lactose/Dairy Free Spring Menu (week 2)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(LA4993) Meat-free (not southern style) burger in a bun with mini diced potatoes (V)	Vegetable pasta and garlic bread (V)	Chicken dinner with stuffing and mash potato	Meat feast pizza (Dairy free cheese)	Fish fingers or Salmon fingers and chips
Quorn sausage roll with mini diced potatoes (V)		Quorn fillet dinner with stuffing and mash potato (V)	Cheese and tomato pizza (Dairy free cheese) (V)	Vegetable tray bake frittata and chips (No milk powder, egg only) (V)
Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)	Jacket potato with a choice of tasty fillings (dairy free cheese)
Served with beans or peas and sweetcorn	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with peas and sweetcorn or beans
Chefs choice of home bake (dairy free)	Sticky chocolate orange brownie (dairy free)	Crunchy ginger biscuit (dairy free)	Zesty lemon and blueberry tray bake (dairy free)	Fruity Friday

Weeks Commencing:

22nd Apr / 13th May / 03rd Jun 24th Jun / 15th Jul / 09th Sep 30th Sep / 21st Oct Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit.
Bread basket. V indicates vegetarian option.











Lactose/Dairy Free Spring Menu (week 3)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac 'n' cheese (dairy free cheese) and a crusty roll (V)	Meatball kebab in a tortilla wrap, Mediterranean rice	Sausage, mash and Yorkshire pudding (made with water)	Chicken burger in a bun and garlic herb potatoes	Harry Ramsdens fish and chips
Vegetable pasta bolognese and a crusty roll (No cheese) (V)	Pizza pin wheel with Mediterranean rice (dairy free cheese) (V)	Cowboy pie (V)	Italian inspired burger (Quorn fillet) in a bun and garlic herb potatoes (V)	Quorn nuggets and chips (V)
Jacket potato with a choice of tasty fillings (dairy free cheese) Served with a choice of seasonal vegetables or a salad	Jacket potato with a choice of tasty fillings (dairy free cheese) Served with crunchy crudités (carrot, cucumber and apple slices)	Jacket potato with a choice of tasty fillings (dairy free cheese) Served with a choice of seasonal vegetables	Jacket potato with a choice of tasty fillings (dairy free cheese) Served with carrots and sweetcorn	Jacket potato with a choice of tasty fillings (dairy free cheese) Served with peas and sweetcorn or beans
Waffles with ahocolace/raspberry sauce	Raspberry bun (dairy free)	Flapjack (dairy free)	Lemon butterfly bun (dairy free)	Fruity Friday

Weeks Commencing:

29th Apr / 20th May / 10th Jun 01st Jul / 16th Sep / 07th Oct Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit.
Bread basket. V indicates vegetarian option.











