## Gluten Free Spring Menu (week 1)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

## MONDAY

HM GF pizza with herbed diced potatoes (V)

GF tomato pasta (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables or a salad

TUESDAY
Chicken curry with rice (without Lentils)

Vegetable curry with rice (without Lentils) (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables

WEDNESDAY
Pork dinner with mash
(LA4993) Meat-free burger with mash (No bun) (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables

THURSDAY
All day breakfast A slice of Genius bread (Blakemore Sausage only)

Jacket potato with a choice of tasty fillings

Served with beans and mushrooms

## FRIDAY

GF Fish fingers and chips

Jacket potato with a choice of tasty fillings

Served with peas and sweetcorn or beans

Fruity Friday

Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit.
Bread basket. V indicates vegetarian option.


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## Gluten Free Spring Menu (week 2)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

## MONDAY

(LA4993) Meat-free burger with mini diced potatoes
(GF bread) (V)

Jacket potato with a choice of tasty fillings

Served with beans or peas and sweetcorn

TUESDAY
GF spaghetti with tomato sauce and cheese

Vegetable GF pasta (V) choice of tasty fillings

Served with a choice of seasonal vegetables

WEDNESDAY
Chicken dinner with mash potato

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables

THURSDAY
GF Meat feast pizza

GF Cheese and tomato pizza (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables

## FRIDAY

GF Fish fingers and chips

Vegetable tray bake frittata and chips (V)

Jacket potato with a choice of tasty fillings

Served with peas and sweetcorn or beans

Fruity Friday

Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit. Bread basket. V indicates vegetarian option.

## Gluten Free Spring Menu (week 3)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY GF Mac ' $n$ ' cheese (V) GF tomato pasta (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables or a salad

TUESDAY
Meatball, Mediterranean rice and HM Tzatziki sauce

GF Pizza with Mediterranean rice (V)

## WEDNESDAY

Sausage and mash
(Blakemore Sausage only)

Jacket potato with a choice of tasty fillings

Jacket potato with a choice of tasty fillings

THURSDAY
HM GF Chicken burger in a GF HM bun and garlic herb potatoes
(LA4993) Italian inspired Meat-free burger in a GF HM bun and garlic herb potatoes (V)

Jacket potato with a choice of tasty fillings

Served with crunchy crudités (carrot, cucumber and apple slices)

Served with a choice of seasonal vegetables

Served with carrots and sweetcorn

## FRIDAY

GF fish fingers and chips

Jacket potato with a choice of tasty fillings

Served with peas and sweetcorn or beans

