Gluten Free Spring Menu (week 1)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
HM GF pizza with herbed diced potatoes (V)	Chicken curry with rice (without Lentils)	Pork dinner with mash	All day breakfast A slice of Genius bread (Blakemore Sausage	GF Fish fingers and chips		
GF tomato pasta (V) Jacket potato with a	Vegetable curry with rice (without Lentils) (V)	(LA4993) Meat-free burger with mash (No bun) (V)	only)			
choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings		
Served with a choice of seasonal vegetables or a salad	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with beans and mushrooms	Served with peas and sweetcorn or beans		
GF bake	GF bake	Jelly and fruit	GF Cookie	Fruity Friday		

Weeks Commencing:

15th Apr / 06th May / 17th Jun 08th Jul / 02nd Sep / 23rd Sep 14th Oct Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit.
Bread basket. V indicates vegetarian option.













Gluten Free Spring Menu (week 2)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
(LA4993) Meat-free burger with mini diced potatoes (GF bread) (V)	GF spaghetti with tomato sauce and cheese	Chicken dinner with mash potato	GF Meat feast pizza	GF Fish fingers and chips		
(6. 2. 6.6.)	Vegetable GF pasta (V)		GF Cheese and tomato pizza (V)	Vegetable tray bake frittata and chips (V)		
Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings		
Served with beans or peas and sweetcorn	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with peas and sweetcorn or beans		
GF bake	GF bake	GF bake	GF bake	Fruity Friday		

Weeks Commencing:

22nd Apr / 13th May / 03rd Jun 24th Jun / 15th Jul / 09th Sep 30th Sep / 21st Oct

Available daily: Unlimited vegetables. Unlimited fresh water. Selection of fruit. Bread basket. V indicates vegetarian option.













Gluten Free Spring Menu (week 3)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GF Mac 'n' cheese (V)	Meatball, Mediterranean rice and HM Tzatziki sauce	Sausage and mash (Blakemore Sausage only)	HM GF Chicken burger in a GF HM bun and garlic herb potatoes	GF fish fingers and chips
GF tomato pasta (V)	GF Pizza with Mediterranean rice (V)		(LA4993) Italian inspired Meat-free burger in a GF HM bun and garlic herb potatoes (V)	
Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings
Served with a choice of seasonal vegetables or a salad	Served with crunchy crudités (carrot, cucumber and apple slices)	Served with a choice of seasonal vegetables	Served with carrots and sweetcorn	Served with peas and sweetcorn or beans
GF bake	GF bake	GF bake	GF bake	Fruity Friday

Weeks Commencing:

29th Apr / 20th May / 10th Jun 01st Jul / 16th Sep / 07th Oct Available daily: Unlimited vegetables.
Unlimited fresh water. Selection of fruit.
Bread basket. V indicates vegetarian option.











