

Egg, Sesame & Nut Free Spring Menu (week 1)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calzone with herbed diced potatoes (V)	Chicken curry with rice and a naan	Pork dinner with mash and Yorkshire puddings	All day breakfast	Fish cake or Salmon fingers and chips
Chilli and cheese loaded potatoes (V)	Vegetable curry with rice and a naan (V)	Cheese and onion roll, mash and beans (V)	Veggie breakfast (V)	Vegetable fingers and chips (V)
Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings
Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with beans and mushrooms	Served with peas and sweetcorn or beans
Chefs choice of home bake (no egg)	Angel sparkle cake (no egg)	Jelly and fruit	Cookie (no egg)	Fruity Friday



Weeks Commencing:

15th Apr / 06th May / 17th Jun
 08th Jul / 02nd Sep / 23rd Sep
 14th Oct

Available daily: Unlimited vegetables.
 Unlimited fresh water. Selection of fruit.
 Bread basket. V indicates vegetarian option.

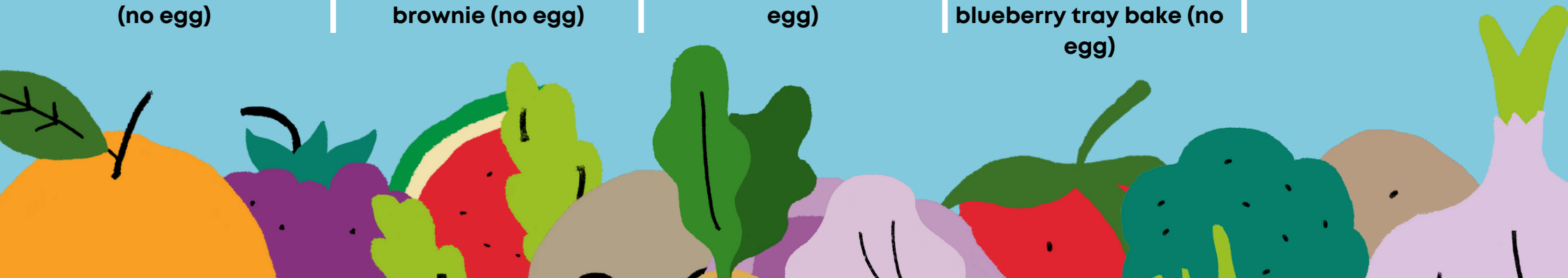


BSC
 Barnsley Schools
 Catering

Egg, Sesame & Nut Free Spring Menu (week 2)

It is the kitchen's responsibility to check if a substitute products has been sent, to ensure that all ingredients comply with the allergen menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Southern style burger in a (GW price bun) with mini diced potatoes (V)	Carbonara and garlic bread (GW price bun)	Chicken dinner with stuffing and mash potato	Meat feast pizza	Fish fingers or Salmon fingers and chips
Quorn sausage roll with mini diced potatoes (V)	Vegetable lasagne and garlic bread (GW price bun) (V)	Quorn fillet dinner with stuffing and mash potato (V)	Cheese and tomato pizza (V)	Vegetable tray bake frittata and chips (V)
Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings	Jacket potato with a choice of tasty fillings
Served with beans or peas and sweetcorn	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with a choice of seasonal vegetables	Served with peas and sweetcorn or beans
Chefs choice of home bake (no egg)	Sticky chocolate orange brownie (no egg)	Crunchy ginger biscuit (no egg)	Zesty lemon and blueberry tray bake (no egg)	Fruity Friday



Weeks Commencing:

22nd Apr / 13th May / 03rd Jun

24th Jun / 15th Jul / 09th Sep

30th Sep / 21st Oct

Available daily: Unlimited vegetables.
 Unlimited fresh water. Selection of fruit.
 Bread basket. V indicates vegetarian option.



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Egg, Sesame & Nut Free Spring Menu (week 3)

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MONDAY

Mac 'n' cheese and (GW price bun)(V)

Vegetable pasta bolognese and (GW price bun) (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables

TUESDAY

Meatball kebab in a tortilla wrap, Mediterranean rice and HM Tzatziki sauce

Pizza pin wheel with Mediterranean rice (V)

Jacket potato with a choice of tasty fillings

Served with crunchy crudité's (carrot, cucumber and apple slices)

WEDNESDAY

Sausage, mash and Yorkshire pudding

Cowboy pie (V)

Jacket potato with a choice of tasty fillings

Served with a choice of seasonal vegetables

THURSDAY

Chicken burger in a (GW price bun) and garlic herb potatoes

Italian inspired (Quorn fillet) burger in (GW price bun) and garlic herb potatoes (V)

Jacket potato with a choice of tasty fillings

Served with carrots and sweetcorn

FRIDAY

Harry Ramsdens fish and chips

Quorn nuggets and chips (V)

Jacket potato with a choice of tasty fillings

Served with peas and sweetcorn or beans

Chefs choice of home bake (no egg)

Shortbread biscuit (no egg)

Flapjack

Lemon butterfly bun (no egg)

Fruity Friday

Weeks Commencing:

29th Apr / 20th May / 10th Jun

01st Jul / 16th Sep / 07th Oct

Available daily: Unlimited vegetables.

Unlimited fresh water. Selection of fruit.

Bread basket. V indicates vegetarian option.

